



Adventure Breaks In the Wye Valley, Herefordshire

If you are looking for something a little different from your usual break this summer then why not consider an adventure break in the beautiful Wye Valley area which runs through the counties of Herefordshire, Gloucestershire and Monmouthshire.

There is so much to see and do in the Wye Valley with the beautiful River Wye flowing right through it. One of the places that features highly for visitors when visiting the Wye Valley is Symonds Yat. Symonds Yat itself is split into two counties due to the River Wye. Symonds Yat East is in Gloucestershire and the West in Herefordshire.

Symonds Yat East is definitely the one to visit with so many activities available and places to visit such as Symonds Yat Rock. There are so many things to do on your adventure break here such as:

- Rock climbing
- Abseling
- Canoe Hire and Instruction
- Kayak Hire and Instruction
- Adventure Walks
- Helicopter tours
- Clay shooting and so much more.

With highly qualified Professional tuition available for all activities you can be sure of a safe and exciting break.

An adventure break to Symonds Yat East can be for all ages so caters nicely for families, individuals and large groups such as stag and corporate team building. There really is no end to the activities available.

If you are looking for somewhere to stay during your break then this can be taken care of at Symonds Yat East. There are numerous campsites, lodges and hotels to stay in so no matter what your taste or budget they can all be fulfilled here.

One of the most sought after activities at Symonds Yat East is canoe hire and instruction. There are top qualified instructors waiting to help you every step of the way. If you are a complete novice you can get some tuition with one of the qualified instructors who will teach you everything you need to know in a safe and fun environment. Families and individuals can enjoy gently paddling away along the river where there are numerous areas to stop for a picnic or a riverside meal at one of the local pubs.

If you are an experienced canoeist why not take on the River Wyes infamous rapids. The rapids are a fantastic challenge for any canoeist from advanced through to Professional. You can find out more information on this by asking one of the local instructors.

If you are looking at taking an adventure break this summer look no further than the Wye Valley and especially Symonds Yat East, with so much to see and do it is somewhere you wont help but to return to

year after year.

Written By Clear Web Services On Behalf Of Wyedean Canoes