



## **Looking At The Symptoms of Dementia, Things To Look For If You Are Concerned**

There are several symptoms which are common to most types of dementia; there are also symptoms which are more common in specific types of dementia. It is important to remember that although you can look for symptoms and try to identify what is going on, you must seek a diagnosis from a GP or other health professional, because often the symptoms are common place in many other issues.

Most people who have dementia experience problems with their short term memory. They have difficulty in recalling recent events, such as what they ate for breakfast, who they saw yesterday or where they went last week. However, events in the very distant past are sometimes unaffected by the memory loss and can be recalled with clarity. These events are often associated with emotions such as feelings of great joy or sadness which can be very frightening for the sufferer and also the carer or family that has to try and understand what is going on.

Dementia can also affect being able to recall words for things, people's names or place names. This can often be one of the first signs that many people notice when it comes to the early spotting of dementia, as this is very often the trigger that alerts sufferers or partners to seek further advice.

Most people who have dementia experience periods of depression, aggression or anger. These changes can be at odds with the person's personality and can be an especially difficult symptom for everyone to cope with. This, for a carer or partner is often one of the hardest parts of dementia or Alzheimer's to handle, as the changes in their loved ones can often be very hard to understand and cope with.

There are specific symptoms associated with the different parts of the brain which have been damaged by the disease. The damage can result in problems with motor skills including stiffness of movements, hallucinations, lack of inhibition in behaviour or language, the lack of judgment or decision making, development of compulsive tendencies or sleeping a lot more or less than usual.

Any changes in a person's behaviour, emotions or physical condition need to be reported to the doctor and not assumed to be part of their dementia, other health related issues can develop along side dementia and need to be treated appropriately to ensure that the person with dementia is as well as they can be. It is very important that an early consultation takes place, as the sooner the illness is spotted, the sooner a health professional can begin to take the long term steps to plan for the future.

**Written By Clear Web Services On Behalf Of Dementia Web & GuidePosts Trust Ltd**